PROPER HAND WASHING
PREVENTS THE SPREAD OF CO-VID 19

synergy SECURITY SOLUTIONS
International Support — Local Response

25
1995 – 2020

1 **Wet** your hands with warm water, apply **soap** Rub your hands together until the soap forms a **lather**

2 **Rub** the top of your hands, between your **fingers** and under your **fingernails**, for about **15** seconds

3 **Rinse** your hands under running water, **dry** your hands with a paper towel & **bin** the paper